



Winter Cookout Adventure

A wintertime adventure including an interpretive hike/snowshoe and wilderness cookout.

Duration: Full day program

Curriculum Reference: Health & Physical Education, Science

Grade: Grade 3-8

Minimum Supervision Requirements: 1 adult per cook group (this can include the teacher).

Learning Objective: to engage students in a fun and safe wilderness winter experience.

Big Ideas:

- How can the human body stay warm when out for a day in winter?
- What signs of animals can we find on a hike in winter?
- What are plants and animals doing in winter to survive?
- How do we make a fire to cook food in a way that is safe and has a minimum impact on the environment?

For more information, pro tips, and menu recommendations/recipes, please refer to the Winter Cookout Adventure Handbook.



Sample Day Itinerary

(times will vary based on bus charter booking)



10:00am	Students	Welcome chat, washroom break, snack, layer up.
10:30am	Hike	Chat about animals, plants, winter adaptations, signs and survival
12:00pm	Lunch spot Fire chat	Find lunch location Fire safety chat, groups gather firewood, lunchtime!
~1:00pm	Tidy up lunch	Hike back to Outdoor Centre
2:00pm	End of day	Washroom break
2:30pm		Bus departs