



No I in Team (Land)

A combination of on-land group dynamic activities and a game of Survival.

Duration: Full day

Curriculum Reference: Health & Physical Education

Grade: 5

Minimum Supervision Requirements: 1 teacher and 1 additional supervisor

Learning Objectives:

- 1) Introduce students to a variety of group dynamic (team building) activities that will help them develop social-emotional learning skills needed to foster overall health and well-being, positive mental health, and the ability to learn, build resilience, and thrive as a member of a team/society.
- 2) Introduce students to the concept of the transfer of energy throughout an ecosystem based on what animals eat and the dynamic relationship that exists between predator and prey.

Big Ideas:

- How do we create a positive working environment amongst peers?
- What is a healthy way to manage emotions in the face of a frustrating task?
- What is the best way to share my ideas? How well do I listen to others?
- What can we learn from the process, not just the outcome of a task?
- What are the different categories of animals based on what they eat?
- How does energy get transferred through a food web?
- Why is a predator/prey balance important?



Sample Itinerary

(Times will vary based on bus charter timing)

10:00am	Students arrive	Welcome chat, washroom break, snack
10:30am	Group dynamic activities	Talk about teamwork. Participate in a variety of activities that will challenge the students to achieve common goals in large and small groups.
12:00pm	Lunch	Have lunch.
12:30pm	Survival game	Learn about predator/prey interactions while playing the game of Survival.
2:00pm	Clean up, Depart	Final washroom break and snack. Bus departs (2:30)