

GOULD LAKE OUTDOOR CENTRE Limestone District School Board

Cookout Adventure

A day of adventure including an interpretive hike and wilderness cookout.

Duration: Full day program

Curriculum Reference: Health & Physical Education, Science

Grade: Grade 3-8

Minimum Supervision Requirements: 1 adult per cook group (this can in-

clude the teacher).

Learning Objective: to engage students in a fun and safe wilderness cookout experience.

Big Ideas:

- What are signs of animals we can find on a hike?
- What are plants and animals doing during this time of year?
- How do we make a fire to cook food in a way that is safe and has a minimum impact on the environment?





Sample Day Itinerary (times will vary based on bus charter booking)

10:00am	Students arrive	Welcome chat, washroom break, snack, layer up.
10:30am	Hike	Chat about animals, plants, adaptions, signs and survival.
12:00pm	Lunch spot	Find lunch location
	Fire chat	Fire safety chat, groups gather firewood, lunchtime!
~1:00pm	Tidy up lunch	Hike back to Outdoor Centre
2:00pm	Wrap up	Washroom break
2:30pm	Departs	Bus departs