



GOULD LAKE OUTDOOR CENTRE

Limestone District School Board

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www.gouldlake.ca
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SOLO



SOLO is a 4-day ORCKA Moving Water Level 1B (Solo) course for students to further develop their moving water skills as well as have the opportunity to achieve an ORCKA certification.

Students must have completed and achieved ORCKA Moving Water Level 1A certification prior to taking this course.



Students will spend 3-nights, 4-days at Palmer Rapids on the Madawaska River. Students will work on gaining confidence while solo paddling as well as focus on boating safety.

Bus transportation is provided to and from Palmer Rapids. All food and equipment (i.e. canoes, paddles, helmets, moving water safety gear, and tents) is provided. Students are required to bring their own PFD (lifejacket), sleeping bag and personal gear.



SOLO 2020

Date: August 25-28

Cost: \$310 (taxes included)

Certification: ORCKA MW1B
(for qualifying students)

Prerequisite: ORCKA MW1A



REGISTRATION STARTS DECEMBER 1ST, 2019!

Applications will be accepted online at www.gouldlake.ca Please refer to our website for registration details. Feel free to call our office should you have any questions or concerns, **613.376.1433**.