GOULD LAKE OUTDOOR CENTRE
Limestone District School Board

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Outdoor Skills

For Grade 9-11 Graduates

Outdoor Skills (OS) combines an eight-day sea kayak trip on Georgian Bay with a four-day whitewater course at Palmer Rapids on the Madawaska River. Students will have the opportunity at Palmer to earn their Ontario Recreational Canoeing and Kayaking Association (ORCKA) Moving Water Canoeing Level 1A certification as well as a ORCKA Flat Water Kayaking Level 1 certification during their kayak trip. OS focuses on personal growth, respecting other people and the environments through which we travel.

This program aims to further develop camping and related safety skills, while fostering a deeper appreciation of environmental ethics. It offers an opportunity for students to advance their outdoor teaching and leadership skills as well as gain certification in outdoor activities.

It is recommended to take OS after OP due to the more technical moving water canoeing potion in OS. Both programs are to be taken before continuing on to our instructor level programs, WIC and KIC. Successful OS students will receive a phys-ed credit (PAD405) in our outdoor classroom.

Outdoor Skills 2026

Session 1: July 7-23
Session 2: July 29-August 14
Cost: $1300 (taxes included)
Credit: PAD4O (1.0 credit, PHE)

Certifications: *(for qualifying students)*
ORCKA Flatwater Kayaking
ORCKA Moving Water Level 1A

Registration Starts December 2025!

Applications will be accepted online at **www.gouldlake.ca** Please refer to our website for registration details. Feel free to call our office should you have any questions or concerns, **613.376.1433**.